



NACDD

National Association of Councils
on Developmental Disabilities

Bridging Disability and Aging Networks for Individuals with Intellectual and Developmental Disabilities

Background:

The Administration on Disabilities (AoD) has awarded a five-year grant to the National Association of Councils on Developmental Disabilities (NACDD) to better connect programs for individuals with Intellectual and Developmental Disabilities (I/DD) and aging programs at the State level. AoD is part of the Administration for Community Living (ACL). ACL is an agency that is part of the Department of Health and Human Services and is part of the federal government.

There are partners working closely with NACDD on the grant. These partners include: the Institute on Disability and Human Development at the University of Illinois Chicago; Lurie Institute for Disability Policy at Brandeis University; The Arc of the United States; and USAging and others.

For the purposes of this grant, the term State(s) also includes all the United States Territories and the District of Columbia.

The five-year grant will be used to build 15 State Alliance Teams (SAT) and a national Community of Practice (CoP). In years one through three, five states will be chosen each year to join the CoP. For years three through five of the grant, all 15 States will participate in the CoP. A CoP is a group of people, or organizations, that have similar interests they want to solve problems and come together to share ideas of what may work or not work to solve issues. The solutions to the issues can be shared with other States for them to try. To learn more about CoPs, please visit the link: [What is a community of practice? - Community of Practice.](#)

The SAT must be led by either the State Council on Developmental Disabilities or State Agency for Developmental Disabilities. We recognize that due to COVID-19 and other pressures, many organizations feel overloaded and short on staff. To help reduce workload and share responsibility, State Councils on Developmental Disabilities and State Agencies for Developmental Disabilities may apply as co-leads for the grant in each applicant State. The State Agency on Aging may be a co-lead with the State Council on Developmental Disabilities or State Agency for Developmental Disabilities as well. Each State that applies for a grant must develop a SAT, that includes culturally and linguistic competent approaches as described below in the goal of the grant. The NACDD grant partners and Project Coordinator will work together to: (1) provide technical assistance at least monthly; (2) conduct meetings twice a year with the entire SAT; and (3) convene a full-day in-person meeting during the NACDD Annual Conference. The project will offer a private Facebook page for State grantees to communicate with each other and a

website that will be updated regularly for State grantees to access resources and other States to learn more about what the grantees are doing.

Possible Grant Partnerships:

In addition to the required three entities of the State Council on Developmental Disabilities, the State Agency on Developmental Disabilities, and State Aging Agency, each SAT is required to have at least five members, although more members are encouraged. It is required to submit Memorandums of Understanding (MOUs) when the SAT grant applications are submitted. See the SAT requirements on the application page.

Possible partners for consideration include, but are not limited to:

- Minority led disability organizations
- Minority led aging organizations
- Self-advocacy organizations
- State Medicaid Offices
- University Centers for Excellence on Developmental Disabilities
- State Protection & Advocacy systems
- State Councils on Independent Living
- State and local Arc organizations
- Area Agencies on Aging
- Aging Disability Resource Centers
- Self-advocacy organizations
- No Wrong Door Systems
- Family organizations

Goal of Project:

The goal of the State grants is: ***To strengthen the collaboration between aging and disability networks to better support individuals with I/DD and their families as they plan for their future across the lifespan.***

Expected Outcomes:

There are three main measurable outcomes that will be achieved by the end of the project:

Outcomes	Details
1. <i>Culturally Competent and equitable Infrastructure Developed in the I/DD and aging networks.</i>	States will ensure that culturally and linguistically competence approaches are essential components of future planning and lifespan supports to respond to the unique needs of individuals with I/DD, regardless of race, religion, language, ethnicity, disability, gender, gender identity, sexual orientation, location, and other factors not listed.
2. Person-centered community living options for adults with I/DD.	Older adults with I/DD are living in communities that provide health and long-term services and supports that reflect their interests, needs, and cultural and linguistic preferences and which promote community inclusion.

3. Improved Policies and Practices to support aging adults with I/DD and their families.	Policies are changed to enable e coordinated access across the aging and I/DD networks that improve the experience of people with I/DD and their families as they age.
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Potential benefits for aging individuals with I/DD, families, and caregivers:

The potential benefits of the project include building and strengthening capacity to develop equitable culturally and linguistically competent strategies across aging and disability networks for individuals with I/DD, their families, and caregivers. As promising practices are learned and developed into best practices, it is important that the best practices can be replicated across the States and territories.

Potential benefits to individuals with I/DD:

- Individuals with I/DD will be able to age with dignity and gracefully in the community of their choice
- Individuals with I/DD and their families will be able to receive diverse services that reflect their religious faith, cultural background, language, sexual orientation, gender identity and others diverse issues in the community of their choice with equitable and appropriate services
- Individuals with I/DD will be able to practice self-directed services to the end of life
- Diverse people will be brought together from around the State to share ideas

Potential benefits to SATs:

- Individuals within the State with diverse backgrounds and experiences will come together to help problem solve
- SATs will participate in a national CoP with experts in the I/DD and aging fields, as well as fellow peers to share and take ideas and promising practices back home to their States
- Systemic changes in States to help families and caregivers receive supports and services
- Will help individuals, families, and caregivers know what the disability and aging systems offer in their State

States may choose to work on one or more issue areas that include, but are not limited to:

- Racial and ethnic disparities;
- Improving one’s future related to health/medical care access;
- Access to services and supports;
- Financial plans that ensure financial stability as one ages;
- Legal and advocacy plans that allow for supported decision-making and alternatives to guardianship;
- Residential plans in least restrictive settings of a person’s choice;
- Vocational plans (including retirement planning);
- Individual preferences for community participation.

State Alliance Team Workplans:

SATs will be required to develop a workplan that will be due in the 3rd quarter of each Federal Fiscal Year of the grant. The work plan will be updated each year. The first year of the grant will have a different timeline since the first-year grantees have not been chosen yet. Each grantee State will have the option of using a logic or other model to submit their work plan, but it must be consistent from year to year and completed following directions. Technical Assistance will be available for developing a workplan if needed.

SATs will meet regularly to develop a workplan that will leverage resources to build the strength of the state's disability and aging networks and improve culturally competent services and supports for individuals with I/DD and their families to better plan for their future. Workplans will include, but not be limited to the following:

- A consensus statement of the scope of the need in the state;
- A landscape analysis of resources and services in the state, including the extent to which the resources and services meet the needs of diverse populations;
- Processes for strengthening collaboration with state disability and aging networks (e.g., DDCs, AAAs, P&As, ADRCs, UCEDDs);
- Processes for strengthening collaboration with minority led organizations in the I/DD and aging fields;
- Plans to update and refresh formal agreements (*i.e.*, Memorandums of Understanding) among the members of the SAT;
- Identifying barriers surrounding advancing racial equity and support for underserved communities;
- On-going assessments of the SATs activities; and
- Update the work plan on an annual basis.

Grant Amounts:

Each State will receive \$5,000 per year that they participate in the grant. For example, States chosen in the first year will receive \$5,000 for five years and States chosen in the second year will receive funding for four years, and States chosen in the third year will receive funding for three years. There is no in-kind money required from the State.

The grant money should be used to:

- facilitate meetings for the SATs;
- develop a work plan;
- assist with staff time;
- assist with meeting logistics;
- provide accommodations and supports for team members to participate;
- ensure accessibility including ASL, interpretation and translation services

Technical Assistance and Training Available to States:

The Project Coordinator will be the main point of contact for the States for the grant and technical assistance. The Project Coordinator will work with the grant partners to provide technical assistance in the following areas and types of technical assistance as needed or requested by the State project:

Available TA Topics
Bridging aging and disability systems
Family support and Medicaid HCBS policies
Aging systems
Cultural competency in family supports
Supported decision-making
Self-determination

Person-centered planning
Family-centered planning
Financial planning
Legal and advocacy plans
Health/medical care
Residential plans and vocational plans

Types of Training/TA Available
Website
Annual CoP Meeting of State SATs
Quarterly Webinar Series
Group and Individual TA
Closed Facebook Group
Guidebook for State Alliance Teams
Promising Practices
Peer-to-Peer TA
TA on Using Data Effectively
TA on Strategic Planning and Sustainability

State Grant Application

Application Submission Due Date and Submission: Grant Applications are due by 11:59 PM Pacific Time on 1/15/2023. Please submit questions and/or applications by email to Andrew Morris, Project Coordinator, at amorris@nacdd.org.

Please submit the application in Plain Language to the extent possible.

If your application is not chosen in the current year, you are encouraged to reapply next year.

Webinar for interested States will be held on 12/15/2022 at 4:00 PM to 5:00 PM Eastern.

The Microsoft Teams link is: [Click here to join the meeting](#)

Meeting ID: 226 433 666 023

Passcode: gAMWZt

State Grant Applications: (Total 100 Points)

1. Brief Overview of existing State resources including the following: (15 Points)
 - A summary of resources and services in the state
 - The extent to which the resources and services meet the needs of diverse populations including I/DD and aging
 - The current racial/ethnic makeup of the State and major languages spoken (Census website for States: [STATE PROFILES: 2020 Census](#); Census website for Territories: [2020 Census Results](#))
 - Current knowledge of existing CoPs, activities, or other work being done in the State that can be used to leverage mutual goals. (No points will be added or subtracted for this question)
2. Please describe how your SAT will meet the below requirements: (40 Points)

SAT is led by the DD Council, State DD Agency, or co-led together. The State Aging Agency may serve as a co-lead with the DD Council or State DD Agency, as well.

- It is the responsibility of the lead applicant to explain the grant to potential SAT members so all are included in the grant application process (please explain how the lead applicant will do so)
- At least five agencies/organizations have committed to participate through formal agreements such as a Memorandum of Understanding (MOU), which is a formal agreement
- At least one agency/organization that is a minority organization (racial, LGBTQ, culturally diverse)
- The state DD agency, DD Council, and aging agency are required members
- Individuals with I/DD, family members, or self-advocacy organization are included in the SAT (please also explain how self-advocates or family members will be included in grant activities)
- SAT members represent diverse populations, including but not limited to race, ethnicity, religion, gender, gender identity, sexual orientation, geographic location, and other factors

States are required to have at least five agencies/organizations that have formal agreements through MOUs as part of the SAT. Required members are the State DD Agency, the DD Council, and the State Aging Agency. At least one of the organizations must be a minority organization, although more than one is encouraged. SATs should be sure that materials for the State team are in plain language (for self-advocates and those members whose first language may not be English), meet requested accommodations (including documents in plain language as requested by SAT members), and ensure that there is meaningful participation from all members to ensure meaningful engagement and equal voices of all partners.

3. How do you plan for your SAT to be inclusive of diversity and lived experiences to ensure cultural competency? (10 Points)
4. Describe how your SAT will jointly choose topic(s) your State will work on and how the team will work together. Explain how the team will come together to create the workplan. (25 Points) (TA on workplan development and refinement will be given after grantees are selected)
 - How often will the SAT meet?
 - Describe how your SAT will jointly determine priority area(s) and work together to achieve progress.
 - How will you ensure that all members of the SAT participate in the decision-making process?
 - How will other groups and people be invited to the table?
 - How will equity, diversity, inclusion, and related intersectionality be included in the workplan?
5. Key Staff: (5 Points)
 - Lead person's name(s), organization(s) and contact for the grant (from either DD Council, State DD Agency, or aging agency/organization)
 - Staff person, organization, and contact information who will be the point of contact for the Project Coordinator, if different than the lead person(s) for the grant.
6. Project Budget: \$5,000 grant per year to State (no State match is required) (5 Points)
7. Commitment to following through with the requirements for the Community of Practice and SAT until the end of the federal grant? ___ Yes ___ No
 - If the answer is no, the application is likely to not be funded